

BOARD OF SUBSTANCE ABUSE AND MENTAL HEALTH
Meeting of March 28, 2006
Department of Human Services
Salt Lake City, Utah

Attended:

Board Members:

Dr. Michael Crookston, Vice-Chair
Paula Bell
Nora B Stephens
Joleen Meredith

Excused:

Darryl Wagner
Dr. James Ashworth, Chair

Staff:

Mark Payne
Ron Stromberg
Dallas Earnshaw

Tracy Luoma
Thom Dunford
Jan Fryer

Guests:

Jack Tanner
Lori Cerar
Jan Ferre

| AGENDA | DISCUSSION | RECOMMENDATIONS/ACTION |
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| Welcome & Introductions | Dr. Crookston chaired the meeting in Dr. Ashworth's absence and called the meeting to order. Introductions were made and those attending were welcomed to the meeting. | |
| Approve February 21, 2006 Board Minutes | | Nora B moved that the minutes of the February 21, 2006 Board meeting be approved as written. Motion seconded by Joleen and approved unanimously. |
| Follow-up to Board 2006 Action Plan | The Board discussed the draft of their 2006 Action Plan and specifically addressed the education portion of the plan. There was discussion, and Nora B suggested some language that might be used to complete the section on education efforts. | The Board agreed to adopt the language for the education component of their 2006 Action Plan, as suggested by Nora B. Jan will revise the Plan and mail to the Board. |
| Board Vacancy Update | Mark reported that applications have been submitted to the Governor's office for consideration by the Governor to fill the current vacancy on the Board; it is hopeful that the appointment will be made soon. | FYI. |
| Final Legislative/ Budget Update | Staff and others provided an update on the final outcome of the budget and legislation that pertained to mental health and substance abuse as a result of the recent legislative session. | FYI. |
| UBHN Retreat/Futures Committee Update | Joleen reported that she represented the Board at the UBHN retreat and attended the one-day meeting that was dedicated to addressing the work of the Futures Committee. She commended the Committee for their efforts and reported that there was a lot of diverse feedback about some areas of the report. Jack Tanner noted that the Futures Committee will meet to review the feedback that was provided and expressed appreciation to Joleen for her participation in representing the Board at the meeting. | FYI. |
| March 14 th Contract/Monitoring Training Update | Tracy Luoma provided an update on the Contract Monitoring Training that was held on March 14 th . She reported on the modifications made by the Division and reviewed the elements that the Division is requiring in this year's area plans, which are due May 1 st . Information that was provided at the training is available on the Division's website at www.dsamh.utah.gov . Tracy also reported that the Division is currently working on the FY07 monitoring plan to determine what improvements need to be made in this area. | Board members expressed an interest in reviewing the area plans in order to become more knowledgeable with the substance abuse and mental health centers and the services that they provide. |

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| Meetings in Outlying Areas of the State/May 16 th Board Meeting | A handout was provided to the Board summarizing their input at the February meeting relative to the structure, purpose, agenda, etc., for Board meetings held in outlying areas of the state. There was a lengthy discussion by the Board relative to meeting details and the kinds of information that the Board would like to receive in order to prepare for visits to other areas. The Board specifically focused on the planning details for the meeting on May 16 th in Park City, in conjunction with the Spring Mental Health Conference scheduled for May 17-18. | <p>Board members agreed that the major focus of these meetings is to learn and understand the challenges and the successes that exist in various areas of the state and to be informed about the creative and innovative programs that have been initiated in spite of funding cuts. Northeastern Counseling, Summit County and Heber Valley Counseling will be invited to attend and present this information at the May 16th meeting. A letter will be sent to the directors of these centers informing them of the visit and its purpose and encouraging them to invite the local authorities, staff, consumers and NAMI representatives from their area. Thirty minutes will be allowed for each presentation. Division staff will provide information for each center as requested by the Board prior to the meeting. A dinner will be held following the meeting. It was agreed that this would be the protocol for Board meetings held in outlying areas of the state, and that the partnership portion of the Board's Action Plan will be updated to show this effort as completed.</p> <p>Joleen noted that she is unable to attend the May and June meetings and asked to be excused.</p> |
| Board Recognition for Mental Health Conference | The Board discussed possible programs or individuals in the mental health system, which they could recognize, and present an award to, at the 2006 Spring Mental Health Conference scheduled for May 17-18 in Park City. | The Board will make a final decision on this issue at the April 18 th Board meeting. |
| Utah State Hospital | <p>Dallas Earnshaw provided an update for the State Hospital. Issues with the nursing shortage continue to be a challenge at the Hospital, and a plan for addressing the issues has been submitted to the Department. Dallas noted that without adequate nursing coverage, it will be difficult to open the 30-bed unit if the issues are not resolved. Hospital administration has been looking at ways to enhance programming at the Hospital to make it more patient-focused and more efficient. Dallas indicated that if all goes as planned, the 30 beds should be open and functioning by May 15th.</p> <p>Construction on the new warehouse at the Hospital should be completed by the end of April.</p> <p>The Hospital's Governing Body has been expanded to include a family member and a consumer.</p> | FYI. |

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| UBHN Report | <p>Jack Tanner reported that the two major projects for UBHN are the Futures Plan and the Network of Care. Jack indicated that both of these initiatives will have a significant impact on services that are delivered in the state, and with the education of Utah citizens about mental illness and substance abuse in empowering them to take a greater role in their own recovery.</p> | FYI. |
| Other Business | <p>Brent Kelsey provided the Board with an update on the Governor's Meth Initiative, which is a joint effort between the Governor's Office and the Utah Association of Counties. A Task Force has been developed, and two meetings have been held to this point to begin looking at the problems of Meth from many different perspectives. It is possible that proposed legislation will be developed by the end of the year.</p> <p>Brent also reported on efforts with the Substance Abuse Recovery Alliance of Utah (SARA). The membership drive has been initiated and has been well received, with approximately 40 members joining thus far. It is hopeful that within the next month or so, a Board of Directors will be established, and the hiring of an Executive Director will also be considered.</p> | FYI. |
| Adjournment | | <p>Joleen moved that the meeting be adjourned. Motion seconded by Paula and approved unanimously.</p> |